HIGHMARK PPOBlue A Preferred-Provider Program

Summary of PPOBlue High Option I *Benefits*

With your PPO, or Preferred Provider Organization, if you receive services from a provider who is in the PPO network, you'll receive the highest level of benefits. If you receive services from a provider who is not in the PPO network, you'll receive the lower level of benefits. In either case, you coordinate your own care. There is no requirement to select a Primary Care Physician (PCP) to coordinate your care. Below are specific benefit levels that apply during your benefit period.

Benefit	Network	Out-of-Network
Benefit Period(1)	Contract Year	
Deductible (per benefit period)		
Individual	None	$250
Family	None	$500
Plan Payment Level – Based on the provider's reasonable charge (PRC)	100%	80% after deductible
Out-of-Pocket Maximums (Once met, plan payment level becomes 100%)		
Individual	None	$2,000
Family	None	$4,000
Lifetime Maximum (per person)	Unlimited	$1,000,000
Primary Care Physician Office Visits	100% after $10 copayment	80% after deductible
Specialist Office Visits	100% after $10 copayment	80% after deductible
Preventive Care		
Adult		
Routine physical exams	100% after $10 copayment	Not Covered
Adult Immunizations	100%	80% after deductible
Colorectal Cancer Screening		
Diagnostic Services	100%	80% after deductible
Medical Surgical	100%	80% after deductible
Routine gynecological exams, including a Pap Test	100% after $10 copayment	80% (deductible does not apply)
Mammograms, annual routine and medically necessary	100%	80% after deductible
Pediatric		
Routine physical exams	100% after $10 copayment	Not Covered
Pediatric immunizations	100%	80% (deductible does not apply)
Emergency Room Services	100% after $35 copayment (waived if admitted)	
Spinal Manipulations	100% after $10 copayment	80% after deductible
	Limit: 20 visits/benefit period	
Physical Medicine	100% after $10 copayment	80% after deductible
	Limit: 20 visits/benefit period	
Speech Therapy	100% after $10 copayment	80% after deductible
	Limit: 20 visits/benefit period	
Occupational Therapy	100% after $10 copayment	80% after deductible
	Limit: 20 visits/benefit period	
Allergy Extracts and Injections	100%	80% after deductible
Ambulance	100%	
Assisted Fertilization Procedures	Not Covered	
Dental Services Related to Accidental Injury	100%	80% after deductible
Diabetes Treatment	100%	80% after deductible
Diagnostic Services (including routine)		
Advanced Imaging (MRI, CAT Scan, PET scan, etc.)	100%	80% after deductible
Basic Diagnostic Services (standard imaging, diagnostic medical, lab/pathology, allergy testing)	100%	80% after deductible
Durable Medical Equipment, Orthotics and Prosthetics	100%	80% after deductible
Enteral Formulae	100%	80% (deductible does not apply)
Home Infusion Therapy	100%	
Home Health Care	100%	
Hospice	100%	
Hospital Services – Inpatient	100%	80% after deductible
Hospital Services – Outpatient	100%	80% after deductible

Benefit	Network	Out-of-Network
Infertility Counseling, Testing and Treatment(2)	100%	80% after deductible
Maternity (facility & professional services)	100%	80% after deductible
Medical/Surgical Expenses (Except Office Visits)	100%	80% after deductible
Mental Health – Inpatient(3)	100% Limit: 30 days/benefit period	80% after deductible Limit: 10 days/benefit period
	Limit: 30 days/benefit period	
Mental Health – Outpatient(3)	100% after $10 copayment Limit: 20 visits/benefit period	80% after deductible Limit: 10 visits/benefit period
	Limit: 20 visits/benefit period	
Private Duty Nursing	100%	
Respiratory Therapy	100%	
Skilled Nursing Facility Care	100%	80% after deductible Limit: 100 days/benefit period
Substance Abuse – Inpatient Detoxification	100%	80% after deductible
	Limit: 7 days/admission; 4 admissions/lifetime	
Substance Abuse – Inpatient Rehabilitation	100%	80% after deductible
	Limit: 30 days/benefit period; 90 days/lifetime	
Substance Abuse – Outpatient	100% after $10 copayment	80% after deductible
	Limit: 60 visits/benefit period; 120 visits/lifetime	
Therapy Services (Cardiac Rehab, Infusion Therapy, Chemotherapy, Radiation Therapy and Dialysis)	100%	80% after deductible
Transplant Services	100%	80% after deductible
Precertification Requirements(4)	Yes	
Prescription Drug Deductible Individual Family	 None None	
Premier Prescription Drug Program Mandatory Generic(5) *Defined by Premier Pharmacy Network - Not Physician Network. Prescriptions filled at a non-network pharmacy are not covered.*	**Retail Drugs (31-day Supply)** $8 generic copayment $30 formulary brand copayment $55 non-formulary brand copayment **Maintenance Drugs through Mail Order (90-day Supply)** $16 generic copayment $60 formulary brand copayment $110 non-formulary brand copayment	

(1) Your group's benefit period is based on a Contract Year. The Contract Year is a consecutive 12-month period beginning on your employer's renewal date. Contact your employer to determine the renewal date applicable to your program.

(2) Treatment includes coverage for the correction of a physical or medical problem associated with infertility. Infertility drug therapy may or may not be covered depending on your group's prescription drug program.

(3) State mandated benefits (30 inpatient days and 60 outpatient visits annually with the right to exchange inpatient days for outpatient visits on a one-for-two basis) may apply to a diagnosis of serious mental illness. Serious mental illnesses include: schizophrenia, schizo-affective disorder, major depressive disorder, bipolar disorder, obsessive compulsive disorder, panic disorder, anorexia nervosa, bulimia nervosa, delusional disorder. Once mental health limits are exhausted, both inpatient and outpatient serious mental illness services must be provided by a network provider (see above-referenced benefits for plan limits).

(4) Highmark Healthcare Management Services (HMS) must be contacted prior to a planned inpatient admission or within 48 hours of an emergency or maternity-related inpatient admission. Some facility providers will contact HMS and obtain precertification of the inpatient admission on your behalf. Be sure to verify that your provider is contacting HMS for precertification. If not, you are responsible for contacting HMS. If this does not occur and it is later determined that all or part of the inpatient stay was not medically necessary or appropriate, you will be responsible for payment of any costs not covered.

(5) The formulary is an extensive list of Food and Drug Administration (FDA) approved prescription drugs selected for their quality, safety and effectiveness. It includes products in every major therapeutic category. The formulary was developed by the Highmark Pharmacy and Therapeutics Committee made up of clinical pharmacists and physicians. Your program includes coverage for both formulary and non-formulary drugs at the specific copayment or coinsurance amounts listed above.You are responsible for the payment differential when a generic drug is authorized by your doctor and you purchase a brand name drug. Your payment is the price difference between the brand name drug and generic drug in addition to the brand name drug copayment or coinsurance amounts, which may apply.

This is not intended as a contract of benefits. It is designed purely as a reference of the many benefits available under your program.